

THE TREATMENT OF BRAIN EXHAUSTION.—Dr. J. Leonard Corning, in an article upon brain exhaustion, lays down the following principles of treatment :

1. Cerebral rest. 2. Increased general and cerebral nutrition.
3. Elimination of psychical irritation.

The subject is secluded in a darkened room from ten to fifteen hours at a time, according to the amount of sleep it is desired shall be had during the twenty-four hours. The amount of sleep is *progressively* increased by habit, moderate medication, and hydrotherapy, and no attempt is made to produce a sudden state of stupor by the reckless use of sedatives. When the patient awakes, as is usually the case, two or even three times during the hours set apart for rest, nourishment is administered, but always in a fluid and easily digested form. Where difficulty is experienced in again falling asleep, resort is had in the beginning to limited medication. The few hours of wakefulness are devoted exclusively to some form of amusement—reading, writing, and even the mildest forms of mental concentration being absolutely prohibited.—*N. Y. Medical Journal*, Dec. 29, 1883.

PARALDEHYDE AS A HYPNOTIC.—Dr. J. C. Wilson gives additional testimony in favor of paraldehyde as a useful hypnotic. He found that a drachm was a good average dose for an adult.—*N. Y. Medical Journal*, Dec. 15, 1883.

Dujardin-Beaumetz gives an account of his experience with paraldehyde, which agrees in the main with that of previous observers. Dr. Yvon contributes an article upon the pharmacology of paraldehyde.—*Bulletin général de thérapeutique*, Jan. 30, 1884.

The reporter finds that a serious practical difficulty as regards the use of paraldehyde is its unpleasant taste.

HOW TO TREAT EPILEPSY.—A brochure upon the above subject has been published by Dr. A. Kühner. Leipzig u. Neuwied, 1884, Heuser's Verlag, viii., 5, 31.

THE OSMIC ACID TREATMENT OF NEURALGIA.—Prof. A. Eulenberg, of Berlin, reports twelve cases of neuralgia treated by hypodermic injections of osmic acid. Of these three were cured, four were more or less improved. Eulenberg thinks that the drug has but feeble anti-neuralgic powers.—*Berlin-klinischn. Woch.*, Feb. 18, 1884.

C. L. DANA, M.D.

BOOKS AND PAMPHLETS RECEIVED.

Illustrations of the Influence of the Mind upon the Body in Health and Disease. To Elucidate the Action of the Imagination. By Daniel Hack Tuke, M.D. Second American from the

second English edition. Philadelphia: Henry C. Lea's Son & Co., 1884.

A Manual of Psychological Medicine and Allied Nervous Diseases. By Edward C. Mann, M.D. Philadelphia: P. Blakiston, Son, & Co., 1883.

Opera Minora. A Collection of Essays, Articles, Lectures, and Addresses. By Edward C. Seguin, M.D. New York: G. P. Putnam's Sons, 1884.

Fat and Blood. An Essay on the Treatment of Certain Forms of Neurasthenia and Hysteria. By S. Weir Mitchell, M.D. Third Edition. Philadelphia: J. B. Lippincott & Co., 1884.

Thermal Springs of the Yellowstone National Park. By A. C. Peale. Author's Edition. U. S. Geological and Geographical Survey. Washington, 1883.

Traité Clinique de la Folie, a Double Forme (Folie Circulaire, Délire a Formes Alternes). Par le Dr. Ant. Ritti. (*Prix Falret*, 1880.) Paris: Octave Doin, Éditeur, 1883.

De l'Ataxie Héréditaire (Maladie de Freidreich). Par le Dr. Auguste Brousse. Paris: Octave Doin, 1883.

Lehrbuch der Gehirnkrankheiten für Aerzte und Studirende. Von Dr. C. Wernicke. Band III. Verlag von Theodor Fischer's medicinischer Buchhandlung, 1883.

L'Homme et l'Intelligence, Fragments de Physiologie et de Psychologie. Par Charles Richet. Paris: Germer Baillière et Cie, 1884.

Spinal Irritation: Probable Cerebral Origin of the Symptoms Sometimes Classed under this Head. By G. L. Walton, M.D. Reprint from *Boston Med. and Surg. Journal*, Dec. 27, 1883.

Manuale Clinico, Terapeutico sulla Impotenza Sessuale nell' Uomo. Del Dott. W. A. Hammond. Ridizzone dall' Inglese del Dottor A. Rubino. Napoli, 1884.

Concussion of the Spine in Railway Injuries. By John G. Johnson, M.D. Brooklyn, 1883.

The Disease of Inebriety and its Social Science Relations. By T. D. Crothers, M.D. Reprint from *Journal Social Science*. Boston, 1883.

Sixth Inaugural Address of Clark Bell, President N. Y. Medico-Legal Society. Jan., 1884.

Morbid Somnolence. By Rudolph Matas, M.D.

Borderland Psychiatric Records. Prodromal Symptoms of Psychical Impairment. By C. H. Hughes, M.D., St. Louis. Reprint, *Alienist and Neurologist*, Jan., 1884.

Fifteenth Annual Report of the Trustees of the Willard Asylum for the Insane, for the year 1883. Albany, 1884.

Thirty-third Annual Report of the State Lunatic Asylum at Harrisburg, Pa., for the year ending Sept., 1883.

Reports of the Trustees and Superintendent of the Butler Hospital for the Insane. Providence, Jan., 1884.

And other Books, Pamphlets, Reports, etc., etc., not here Mentioned.

FOREIGN EXCHANGES.

Annales Médico-Psychologiques.
 Archives de Neurologie.
 Archiv fuer Anatomie und Physiologie.
 Archiv fuer die Gesammte Physiologie der Menschen.
 Archiv fuer Path. Anatomie, Physiologie, und fuer Klin. Medicin.
 Archiv f. Psychiatrie und Nervenkrankheiten.
 Brain.
 British Medical Journal.
 Centralblatt f. d. Nervenheilk., Psychiatrie, etc.
 Deutsche Medicinische Wochenschrift.
 Deutsche Archiv f. Geschichte der Medicin.
 Dublin Journal of Medical Sciences.
 Edinburgh Medical Journal.
 Gazzetta degli Ospitali.
 Gazette des Hôpitaux.
 Hospitals-Tidende.
 Hygeia.
 Journal de Médecine et de Chirurgie Pratiques.
 Journal of Mental Sciences.
 Journal of Physiology.
 Le Progrès Médicale.
 Lo Sperimentale.
 L' Encéphale.
 L' Union Médicale du Canada.
 Medizinal-Zeitung.
 Medical Times and Gazette.
 Mind.
 Neurologisches Centralblatt.
 Nordiskt Medicinskt Arkiv.
 Norsk Magazin for Lagensvidenskabens.
 Practitioner.
 Revue de Médecine.
 Revista Clinica di Bologna.
 Rivista Sperimentale di Freniatria.
 Schmidt's Jahrbücher.
 St. Bartholomew's Hospital Reports.
 Upsala Lakarefornings Forhandlingar.

DOMESTIC EXCHANGES.

American Journal of Insanity.
American Journal of Medical Sciences.
Annals of Anatomy and Surgery.
Archives of Medicine.
Buffalo Medical Journal.
Chicago Medical Journal and Examiner.
Cincinnati Lancet and Clinic.
College and Clinical Record.
Detroit Lancet.
Journal of Inebriety.
Journal of Physiology.
Maryland Medical Journal.
Medical and Surgical Reporter.
Medical News and Abstract.
Medical Record.
Nashville Journal of Medicine.
New England Medical Monthly.
New Orleans Medical and Surgical Journal.
New York Medical Journal.
New York Medical Abstract.
Pacific Medical and Surgical Journal.
Philadelphia Medical Times.
Proceedings of the Medical Society of the County of Kings.
Quarterly Epitome of Braithwaite's Retrospect.
San Francisco Western Lancet.
St. Louis Courier of Medicine.
St. Louis Medical and Surgical Journal.
Virginia Medical Monthly.
Walsh's Retrospect.